



## Waffle of Insane Greatness

*Adapted from Aretha Frankensteins*

BAH Note: The recipe posted at Food Network specifically said not to use any nonstick cooking spray on your waffle iron. With 1/3 of a cup of vegetable oil, you don't have to worry about these waffles sticking.

- 3/4 cup all purpose flour
- 1/4 cup cornstarch
- 1/2 teaspoon baking powder
- 1/4 teaspoon baking soda
- 1/2 teaspoon salt
- 1 cup whole milk or buttermilk
- 1/3 cup vegetable oil
- 1 egg
- 1 1/2 teaspoon sugar
- 3/4 teaspoon vanilla extract

Combine the flour, cornstarch, baking powder, baking soda, and salt in a medium bowl. In a separate bowl mix together the oil, milk or buttermilk, egg, sugar, and vanilla. Add the liquid mixture to the dry ingredients, mix well, and let sit for 30 minutes.

Preheat your waffle. Cook the waffles according to your machine's instructions and enjoy.

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*waffle of insane greatness* was posted by wendi on 11 may 2010 at [bonappetithon.com](http://bonappetithon.com)